



الهيئة السعودية للتخصصات الصحية  
Saudi Commission for Health Specialties



under supervision of  
Prof. Tarek Al Habib

# 2<sup>nd</sup> International Psychiatry Conference of Motmaena



Accreditation Number  
ACA-20230002445

29<sup>th</sup> - 30<sup>th</sup>  
SEPTEMBER, 2023

Radisson BLU Hotel,  
Riyadh King Abdull Aziz Street  
Riyadh-KSA



**Prof. Tarik Al-Habib**  
Conference President

**SCIENTIFIC PROGRAM**

**DAY 1**  
**FRIDAY**

**September 29<sup>th</sup> .2023**

**13:00 - 13:30**



**Registration**

**13:30 - 14:00**

**Opening Ceremony & Quran &  
Prof. Tarik Al-Habib speech**



## **FIRST SESSION**



**MODERATOR**

**Dr. Ahmed Al -Almai**

**14:00 - 14:20**

**Dr. Abdel Hadi El Habad**

**Telepsychiatry in Child Mental Health: Challenges and  
Opportunities for Access and Equit**



**14:20 - 14:30**



**Discussion**

**14:30 - 14:50**

**Dr. Ibrahim Hamdi**

**Update about exercise and mental health**



**14:50 - 15:00**



**Discussion**

**15:00 - 15:20**

**Dr. Alice Ashby**

**The case for specialists, and specialist units for in  
perinatal psychiatry and maternal mental health**



**15:20 - 15:30**



**Discussion**

**15:30 - 16:30**



**Lunch Break and prayer**

# SECOND SESSION



MODERATOR

Dr. Ibrahim Hamdi

16:30 - 16:50

Dr. Ahmed Al -Almai

COVID 19 Psychiatric Aftermath



16:50 - 17:00

 Discussion

17:00 - 17:20

Dr. Mohamed ElGaffar

Saudi Mental Health Act-Practice and challenges



17:20 - 17:30

 Discussion

17:30 - 17:50

Dr. Atia Attaky

Psychotropic medication and its impact on sexual dysfunction and management



17:50 - 18:00

 Discussion

18:00 - 18:20

Prof. Marieke Dewitte (online)

In pursuit of sexual pleasure: towards more sexual pleasure in couple relationships



18:20 - 18:30

 Discussion

18:30 - 18:50

Prof. Ali Ismail (online)

NON PHARMACOLOGICAL MANAGEMENT OF ATTENTION DEFICITHYPERACTIVITY DISORDER



18:50 - 19:00

 Discussion

**DAY 2**  
SATURDAY

**September 30<sup>th</sup> .2023**

## THIRD SESSION

MODERATORS



MODERATOR

**Dr. Ibrahim Hakami**

**09:00 - 09:20** **Dr. Waleed Sarhan**



**09:20 - 09:30**  Discussion

**09:30 - 09:50** **Dr. Ibrahim Hakami**

**Interpersonal Psychotherapy: A case study for A patient with Sever Depression.**



**09:50 - 10:00**  Discussion

**10:00 - 10:20** **Dr. Turki Albatti**

**Autism and screen time could be related, Myths and facts.**



**10:20 - 10:30**  Discussion

**10:30 - 11:00**  Break

# FOURTH SESSION

MODERATORS



MODERATOR

Dr. Amna Al-Humairi

11:00 - 11:20

Dr. Alice Ashby

Assessment and management of persistent physical symptoms with a psychological cause



11:20 - 11:30

 Discussion

11:30 - 11:50

Dr. Amna Al-Humairi

An overview of Cannabis acute & chronic cognitive effects"



11:50 - 12:00

 Discussion

12:00 - 12:20

Dr. Abdullah bin Saleh Al-Qahtani

Effectiveness of mindfulness therapy on reducing the symptoms of obsessive-compulsive disorder of psychologically disordered persons visiting the Quwaieyah General Hospital



12:20 - 12:30

 Discussion

12:30 - 13:30

 Break and Prayer time

# FIFTH SESSION



MODERATOR

Dr. Abdullah bin Saleh Al-Qahtani

13:30 - 13:50 Prof. Tarik Al-Habib

Mutmannah experience in fighting the stigma among faith healers' society.



13:50 - 14:00 Discussion

14:00 - 14:20 Prof. Mona Reda (online)

Sexuality during pregnancy & lactation Postpartum depression



14:20 - 14:30 Discussion

14:30 - 14:50 Dr. Wafaa Eltantawy (online)

An overview of female sexual dysfunctions



14:50 - 15:00 Discussion

15:00 - 15:15 Closing Remarks

15:30 Lunch

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**FOR MORE INFORMATION**

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